

# How to take photos prior to your Virtual Consultation



# 01

You'll need:



## Two Spoons

Can be either plastic or metal



## Camera

Can be taken on your mobile phone

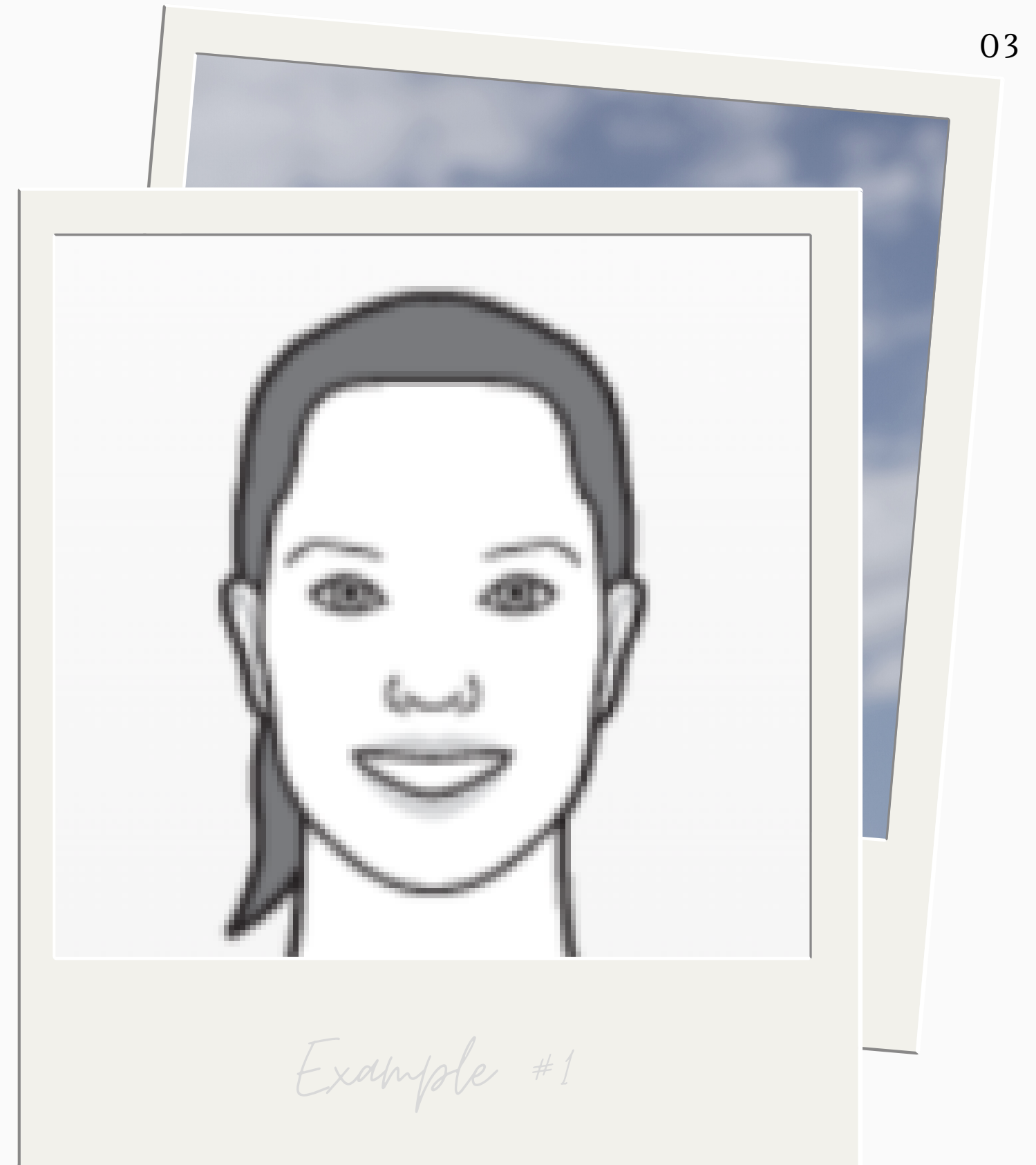


## Your Plus One

A Friend or Family Member

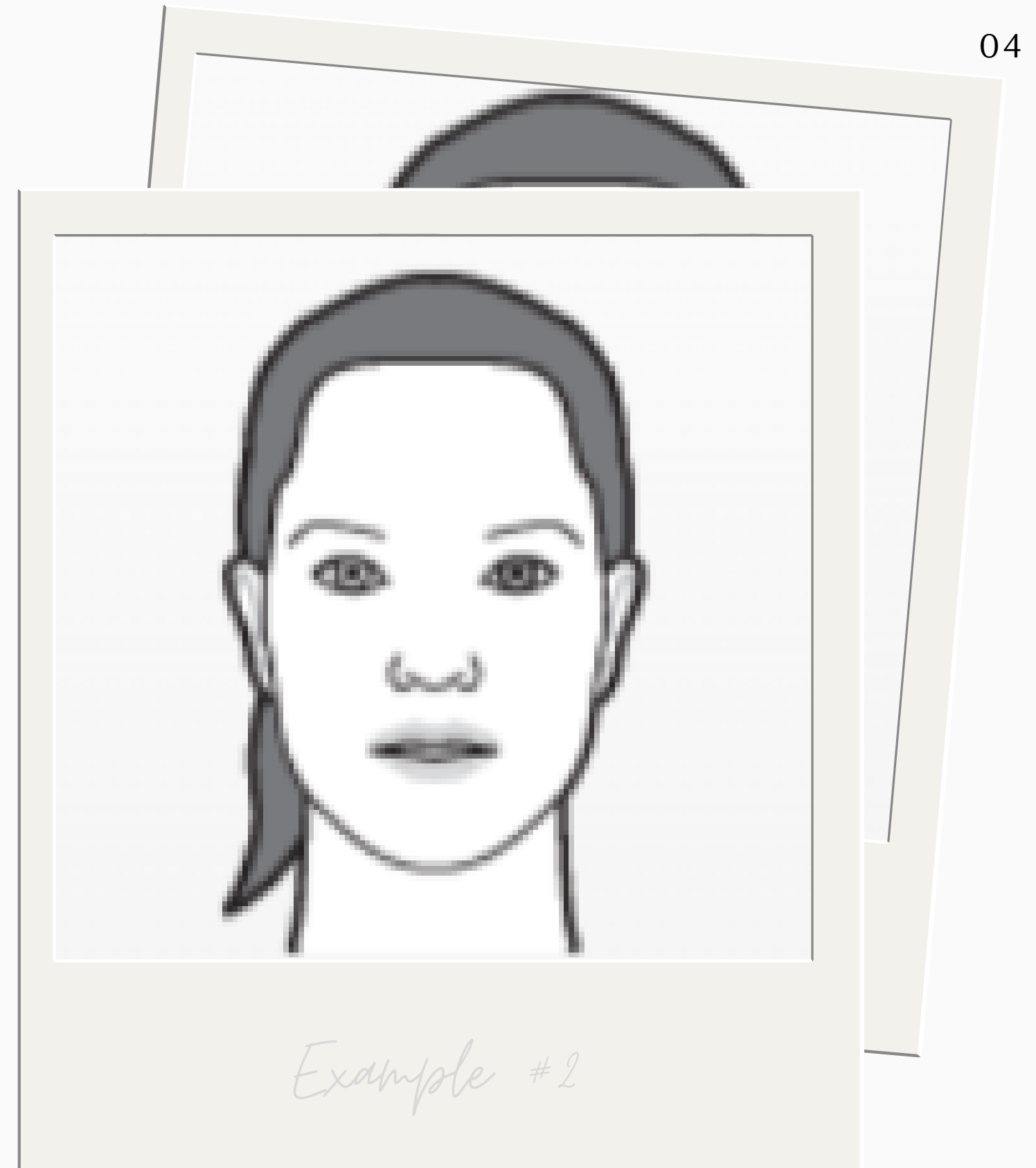
# 01 Picture

1. Look straight into the camera.
2. Big, wide smile!
3. Have your friend or family member take the photo.



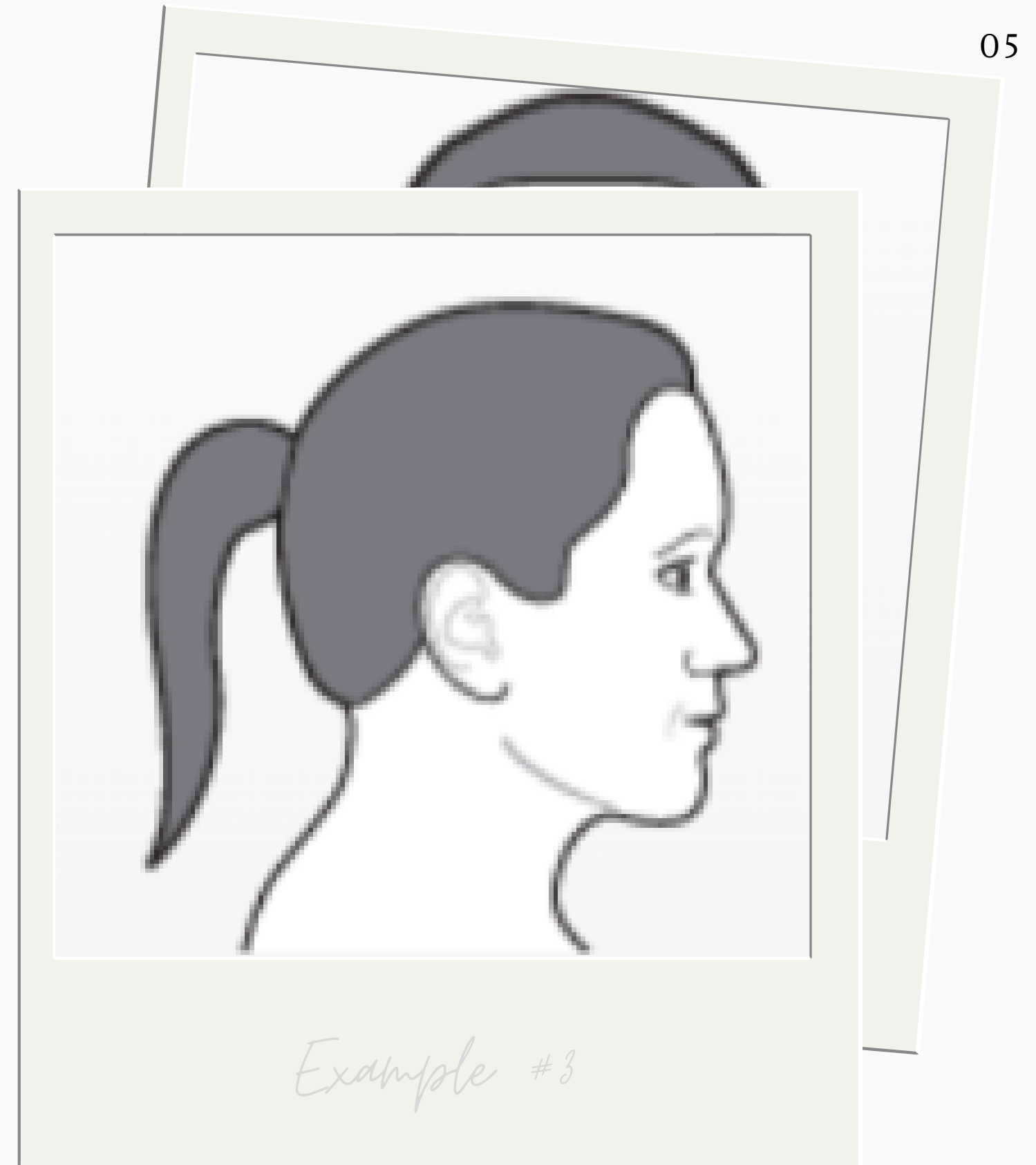
## 02 Picture

1. Look straight into the camera.
2. Relax face & no smile.
3. Have your friend or family member take the photo.



# 03 Picture

1. Face left
2. Relax face & no smile.
3. Have your friend or family member take a photo of your profile.



# 04 Picture

1. Retract cheeks with spoons.
2. Back teeth together (bite normal).
3. Take this photo straight on.



# 05 Picture

1. Right side & teeth together.
2. Retract right cheek with spoon
3. Take this photo straight on.



# 06 Picture

1. Left side & teeth together.
2. Retract left cheek with spoon
3. Take this photo straight on.



# 07 Picture

1. Tip head back.
2. Open as wide as you can!
3. Have your friend or family member take the photo.



# 08 Picture

1. Tip head down & open wide!
2. You may use the spoons to retract your cheeks.
3. Have your friend or family member take the photo.



Step closer...

Please e-mail photos & your filled out new patient intake form to:

Summerhill



[hellosummerhill@gallorodentalgroup.com](mailto:hellosummerhill@gallorodentalgroup.com)

or

Don Mills



[helldonmills@gallorodentalgroup.com](mailto:helldonmills@gallorodentalgroup.com)

or upload them on our website!